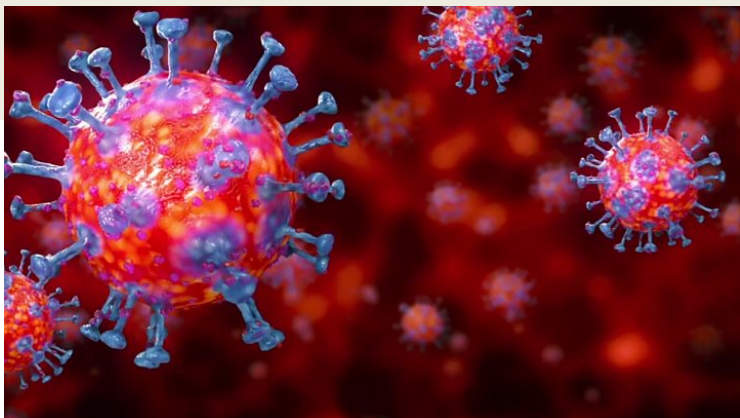


I.O.U NEWS

INTERMEDIATE ONLINE (UPPER) – NEWS



The crown shape of the coronavirus gives it its name.

CORONAVIRUS IMPACT

by Nouf Alshehri

This virus began at the end of 2019 when Pneumonia cases of an unknown cause were reported in China. After studying this virus, it was believed to be from a wholesale Chinese market which sold animals.

The outbreak was identified as starting in Wuhan, China. Then, this pandemic widely spread across the world. More than 3.61 million cases have been reported over the world with 253,000 deaths, including 191 in Saudi Arabia.

James Le Duc, the head of the Galveston National Laboratory in the US, said, “There is convincing evidence that the new virus was not the result of intentional genetic engineering and that it almost certainly originated from nature, given its high similarity to other known bat-associated coronaviruses.”

What’s the impact of COVID-19 in S.A?

The pandemic has caused socioeconomic global disruption.

In Saudi Arabia, the economy has been impacted; the price of crude oil has dropped significantly. Massive losses in oil prices are predicted. In addition, the airports have been stopped and flights have been cancelled. Sporting events, cultural events and festivals have also been cancelled or postponed until further notice.

The epidemic has affected the educational system, too, leading to a close in schools, colleges and universities which has dramatically affected students.

The holy cities Mecca and Madina have been closed and prayer suspended in mosques. A curfew has been imposed in other cities to limit the spread of the virus.

On the bright side, air pollution and carbon emission has reduced because of the lockdown where the most of transportation has been stopped around the world.

The studies on a coronavirus vaccine development are still ongoing. Some countries have started to set out a plan to ease the lockdown gradually.

COVID-19 ADVICE by Nouf Salman

At the start of 2020, we heard about something strange - it was called the Coronavirus (COVID-19).

Actually, we did not care about it in the beginning but in March, the situation became dangerous so every country adopted some steps to protect their people. However, each person is primarily responsible for his or her physical and psychological health. Therefore, here is some advice about how to deal with this period.

Physically

First, you have to stay at home and do not go out unless necessary because if you go out, you may be more at risk. Secondly, if you come back home, wash your hands for twenty seconds as it can keep you healthy and prevent the spread of the virus. Next, try to use gloves and wear a facemask and change it from time to time since it plays a very important role. Finally, if you have any coronavirus symptoms, use the 111 online coronavirus service immediately.

Psychologically

First and foremost, you have to be relaxed and optimistic and do not give in to bad feelings. Also, keep in touch with your family and friends online and try to spend time having fun, for example, zoom party and online games.



Remember, look on the bright side! We always thought we did not have enough time. Now you have lots of spare time to do many things, for instance, read your lovely books, think about your future and make plans, learn a new language and clear some of your backlog to-do list.

Eventually, I hope this situation will end soon. Until then, stay safe and well during this difficult time. Together we can ride this out.



Washing your hands is vital in stopping the spread of the virus. Do so as often as possible.

BLOGS - TRAVEL

Visit Machu Picchu!

by Yamileth

Machu Picchu was an Inca citadel that was built in the 15th century. The citadel was built as a site of ancient Inca ruins located in the northwest of Cuzco, Peru. It is located between two sharp mountaintops: Machu Picchu “Old Peak” and Huayna Picchu “New Peak” at an elevation of 7,710 feet (2,350 meters). One of the few major pre-Columbian ruins found nearly intact, Machu Picchu was nominated as a UNESCO World Heritage site in 1983, one of the new ‘Seven Wonders of the World’.

My Experience in Machu Picchu:

I spent three days in this beautiful site, as part of a group tour. where we hiked up Machu Picchu mountain and Huayna Picchu. It’s a breath-taking view but there is very low oxygen in the air because of the altitude - but I had my coca leaves with me. My friends and I had an awesome and unforgettable experience.



Day one:

When I arrived at the hotel in Cuzco the first thing that I noticed was the lobby had a basket of coca leaves. Tea was also always on the menu and the mini-market sold a variety of different coca sweets. In Inca times, these were used as a type of anaesthetic; good for pain, headache, appetite, thirst and fatigue.



I went with my friend to Hotel Yabar near to the Plaza de Armas that is the central square of the city, this stone square is surrounded with Spanish colonial buildings where I took a walk tour of the city. I visited the biggest Cathedral in Cuzco which has a beautifully decorated interior. There were many tourists and festivals and it was easy to find a tourist guide. Our tour ended up with a free Peruvian Pisco sours. In the evening we went to the restaurant where we ordered anticuchos and ceviche as appetizers which were delicious; I love Peruvian food. After that, we went to visit Cusco Planetarium which is just about looking at the stars. All of this was made possible by monitoring Earth's position in the solar system. We were lucky to see Jupiter with four moons and a Binary System.



Day two:

We finally did the Machu Picchu tour, that day there was a lot of fog when we hiked up Huayna Picchu which is the big mountain, the view down was breath-taking. I just tried to absorb and appreciate the moment. We spent about 3 hours walking around the mountain, up and down the terraces and through the stone-carved buildings. We also climbed up the sun gate that took an hour, the condition of the stone buildings, walkways and stairs that have existed since the 15th century are remarkable.



Day three:

It was my last day in the ‘town’ of Macchu Picchu. Where my visit to Aguas Calientes (Hot Waters) began in Machu Picchu town, one of the littlest towns in the world. The town is surrounded by hillside in the middle of this are train tracks. There are small streets that lead into local market, stores and places to eat. We spent time in an open-air facility with the amazing Andes as backdrop, a thermal bath soaking in the warm natural water for which it is named.



BLOGS - FOOD

How to make a delicious sweet in 20 minutes or less

by Lamees

A lot of people like sweets and they enjoy eating chocolate and biscuits and special desserts they prepare themselves.

And here a simple recipe and process how to make a delicious sweet in a short time and this is my favourite sweet ever because it's easy to make and you can add what chocolate you like, also it doesn't need an oven after you finish the first step so you can eat it as soon as you finish preparing it.



Ingredients:

- 5 big cups of crushed Corn Flakes.
- 5-6 “Mars” chocolate bars.
- Half a small cup of salted or unsalted butter.
- Half a tea cup of honey.

Other ingredients for this sweet:

You can replace the chocolate with two bags of Marshmallows and take out the honey in this recipe.

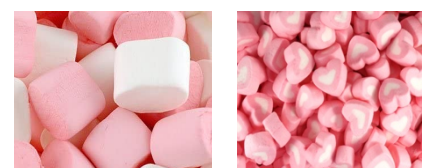
Instructions “with chocolate”:

Simple corn flakes sweet:

- Melt the butter over low heat in average size cooking pot.
- Put the Mars bars and melt it with the butter and mix them together.
- Add the honey.
- The last step is, put the crushed corn flakes and mix it with the chocolate as quick as you can because it will be hard when it start to be cold and then just turn off the oven.
- Then just make it as you like if you like it circle or just put it in a big plate and cut it as square shape.

Instructions for another recipe “with marshmallows”:

- Melt the butter with the marshmallows instead of the chocolate.
- Put the crushed corn flakes and just mix them.



BLOGS - TRAVEL

Have you studied in the United Kingdom?

BY NOUF SALMAN

Actually yes. This is what I did last year. Initially, I'm from Saudi Arabia and I'm a lecturer at university. I have a master's degree. So, I wanted to get a PhD. I decided to do this in the UK.

Accommodation

At first, I had to prepare to travel so I read a lot about the country and I searched for a house but I couldn't choose it from pictures but I had an idea about how the houses are there. Fortunately, I travelled with my husband. This meant that he helped in the UK. He stayed with me just two months to set up the most important things such as, accommodation, transportation and school.

The General Atmosphere

The United Kingdom is a magnificent country. There are lots of impressive cities and many places to visit for example, theatres, museums and parks. The most important thing you have to try out, in my opinion, is the LONDON EYE.

You can create distinct memories there. The best time in the year to me is the last two months as this is the time of Christmas. As a result, there are many activities and celebrations. Therefore, each city will be full of life. The people there are amiable, cheerful and ambitious. However, the weather is so strange in the UK. You can get all seasons on the same day.

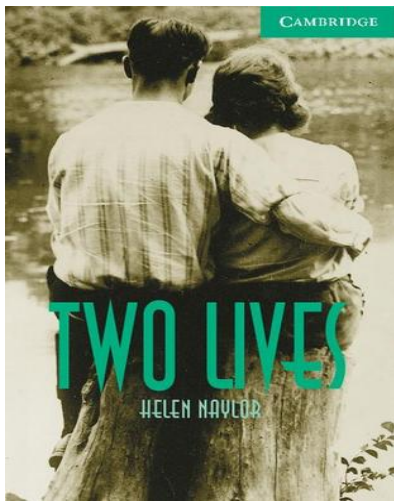
Challenge and Feeling

I was alone when my husband came back for the first time. So, I had to depend on myself. That's the toughest time there since I had to do everything by myself, I had to be focused on my studying to achieve my goal and I had to be strong. Actually, everything was hard in the beginning but with the passage of time I put up with my life there by some steps to pass that.



Firstly, I met new friends and I spent a great time with them. Secondly, I thought positively. Finally, I learnt new things in my spare time.

Overall, my experience in the UK was gruelling but at the same time, fantastic. It made my character and changed lots of things with my personality. If you get a chance to study there, don't waste it. SOME EXPERIENCES MUST NOT BE MISSED.



REVIEWS - BOOKS

The most underrated book you've ever read

by Hassan Alharbi

Title: **Two lives**
Author: **Helen Naylor**
Romantic book, published in 2001

Book description:

Short romantic story talks about two high school classmates, Huw and Megan, Huw was from a poor family and because of his family situation he decided to study and work with his brother "Gareth" in the mine which was the only source of money for all the village residents. Megan was from a rich family. However, she and Huw fall in love. They spent two wonderful years together but after a tragic accident Huw was forced to go overseas with his love feeling. But the lover cannot stay away from his love, so Huw came back to the village to see his love, but when he arrived, Megan was about to get married!

My opinion:

Two lives is one of the best short stories I have read, for the following reasons. Firstly, this book will take your attention from the first page and you will continue until the last page. Secondly, the book has a lot of unexpected events that make you jump from one page to another to discover what happened after, without feeling the time. Thirdly, two lives is a learned book for intermediate level and I think it will be helpful for lower level students to improve their reading skill and their vocabulary. And the book might be good for higher level students to review some vocabulary and grammar. Fourth, there are a specific number of characters so the readers do not need to remember a lot of names which might confuse them. Lastly, starting to read these types of books is a brilliant idea to get used to reading.

Book rating:

According to the Goodreads website *Two lives* takes 3.98 out of 5 and 45% of the readers give this book 5 out of 5, and I will also give it 5.

How you can get the book:

You can borrow the book from Leeds English Language school library or order it online for just 5 pounds.

REVIEWS - MOVIES

What about a movie tonight? Do you want a great one?

Here is 'Dangerous Lies' one of the most interesting films you will ever watch!

BY ARWA ALGHAMDI

This film is about a young couple called Katie and Adam. Katie lost her job as a waitress and her husband is a student. They are struggling to live a good life. For the last four months Katie has been working as a caregiver for a wealthy elderly man who lives alone in a big house with no family left. She has learned to take care of her client very well and they have gotten close enough. Unexpectedly, the man dies and something happened to the couple that changed their life significantly.

Especially Katie, who is drawn into a web of crimes and deception. She has many doubts and questions about everyone's motives. Even the closer people she loves.

Did the elderly man die naturally or by murder? Did Katie survive? Was she happier than she used to be? All of this you will see in this film. It is enjoyable viewing. Certainly, I recommend you watch this movie in

your spare time. To be honest, in the beginning it wasn't exciting, however, I really liked the story, directing, production and the unexpected ending.



Overall score 7.5\10.

Cast: Camila Mendes, Jessie T. Usher, Jamie Chung.
Director: Michael M. Scott
Writer: David M. Golden.

REVIEWS - MOVIES

A Fall from Grace

BY LAMEES

A Fall from Grace is a 2020 American thriller movie. It's directed by Tyler Perry who is an American actor, writer and producer. It's 120 minutes and the film was watched by 26 million people on Netflix in the first week. The whole film was filmed in just five days in Atlanta which is a city in Georgia.

Grace Waters decided to give herself a value, and started to love and be loved after her first bad experience with her ex-husband with someone who's younger than her, she was thirsty for love and that's why she was blind and they always say LOVE IS BLIND!

I liked this movie because it talks about our reality and we know a lot of stories like that. Maybe you or your friends have lived this experience and this movie teaches us how to take precautions.

Grace's character was very appropriate for the role that was given to her and her voice in particular when she was telling her story to the lawyer. Also, I was impressed by the lawyer's insistence in revealing the truth and not giving up despite all the frustration around her.

Although the movie was filmed in only five days, it was excellent and I didn't notice a wrong angle. The sound editing was good, especially the background music which was suitable for the film.

I liked the length of the movie, too. It was two hours but suitable and when I was watching it I didn't feel the time but I would have liked to have given more details in some scenes and some say there will be a sequel in February 2022. I will recommend this movie to anyone who cares about the world of crime and for those who studied law.

I would like to watch this movie again with someone close to me. You can find this movie on Netflix and other websites.

My evaluation 7/10 According to IMDb rating 5.8/10



REVIEWS - PRODUCTS

MacBook Air – Product review

BY ARWA ALGHAMDI

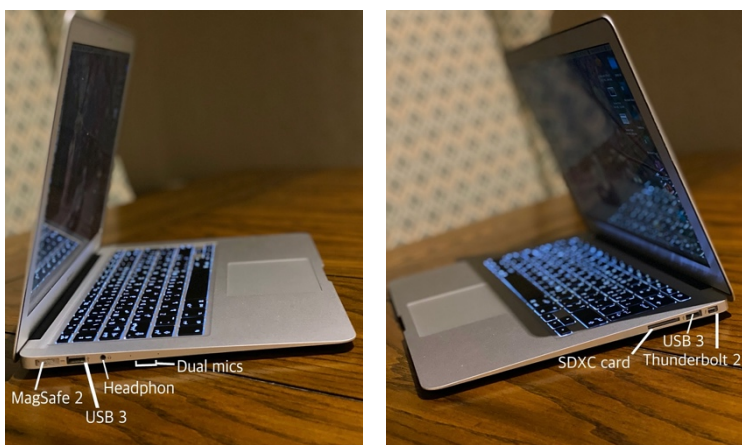
Have you ever thought about buying a laptop as an investment? At the same time, it is a good choice for workaholics and students which is easy to carry wherever they go! Here is the review about the laptop MacBook Air (13-inch, 2017):

Price: Price varies according to specifications from £949, this MacBook Air is the cheapest Mac laptop you might buy.

Design: The Built-in Display is 13.3-inch (1440 x 900). Intel HD Graphics 6000 1536 MB graphics. It is lightweight and only available in just the one silvery colour.

Screen: MacBook Air has a 2,560 x 1,600 native resolution at 227ppi, and the most important thing is that it uses less power and contributes to the lower overall cost.

Ports & slots:



Processor: 1.8 GHz Intel Core i5.

Storage: This Air comes with 128GB storage as standard, although - with additional fees - you can upgrade at point of purchase to 256GB.

Dimensions: Height: 0.3-1.7cm (0.11-0.68in) Width: 32.5cm (12.8in) Depth: 22.7cm (8.94in) Weight: 1.35kg (2.96lb)

I would definitely recommend this laptop to anyone who studies or works as an Architect, a Photographer or a businessman. I have had this laptop since 2019 and I am really delighted with it - I use it every day for studying, drawing, reading, watching films and editing pictures.

Price (****)
Design (*****)
Usability (****)

Overall score 4.5 \ 5

THE DEBATE

THIS WEEK'S TOPIC WAS SENT IN BY *GARY FAKEMAN*.

Hunting is cruel and must be forbidden, everywhere.

BY *ABDULLAH ALSHAMRANI (AGREE)*
& *HASSAN ALHARBI (DISAGREE)*

AGREE

As can be seen from documentaries, news and even from reality, animals will be “endangered” in the short-term if we do not prohibit hunting immediately.

Here, I am writing to you just plenty of reasons why we should forbid cruel hunting:

Violence

Firstly, violence against animals can lead to violence against humans. This is because using too many guns and seeing animal blood can lead to an aggressive personality.

For example, In the USA, the percentage of hunting weapons owned by civilians is between 35 and 50 percent. According to federal law, each state has its own minimum laws for regulating possession of weapons in society. The rate of homicides with weapons exceeds 67 percent of all crimes.

However, killings with hunting weapons have been repeated recently there. As a result, a young man shot his friends inside a high school in one of the states of America and killed a number of people. Another example, In Iraq, a son killed his father with a Hunting rifle for an unknown reason. In fact, Illegal weapons have proliferated there due to a lack of security in some parts of the country.

The life cycle of animals

Another thing, hunting absolutely has a negative effect on the life cycle of animals by preventing them from growing and from producing other new generations with lots of cruel hunting and that leads to the extinction of many animals.



As a research from The University of Michigan in the USA, “predicted 25% of the 21st century extinctions are associated with hunting, such as, whales, and endangered African animals are due to hunting”. Another saying, the (Washington Post) newspaper said that “the African elephant is being threatened with extinction within a century due to its ongoing killing of ivory”. Last research from National Geographic, “more than 100,000 elephants have been killed since 2010”.

For all that I have written, I am sure you completely agree with me to forbid cruel hunting for saving animals' lives.

DISAGREE

Hunting should be forbidden, for everyone who agrees with this statement I have one question for you: what is more important in your opinion, humans or animals?

If I am not mistaken your answer is humans.
Great answer!

Let me discuss it with you. We have just about 500 Amur tigers around the world, I think everyone will say we should protect them and give them everything they might need, such as, water, food and health care. But when we read the following information, “13 million people cannot find food”, I think you will say that charity organizations should help them.

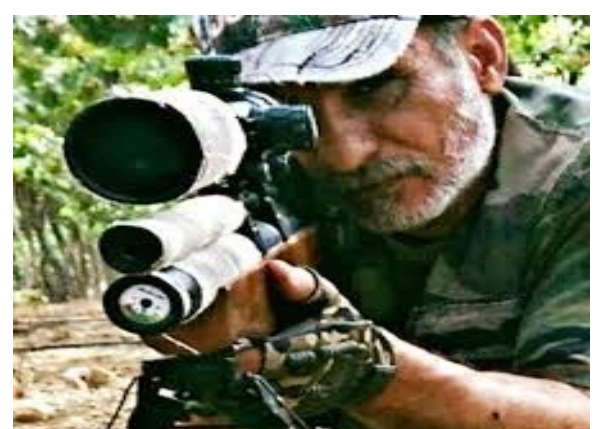
I agree with you but do you know what the basic food source for these people is? HUNTING and without hunting they will face a lot of problems to stay alive.

Depending on your answer “humans are more important than animals” it is fair to make hunting allowed for them.

In India in 2018, tigers killed approximately 450 people. In this case Indian people have to protect themselves by any possible way. You cannot see anyone being killed by an animal and think how you can protect this animal instead of people (your child, brother or sister).

In a lot of countries, such as: New Zealand, Tanzania and Sudan. Hunting is considered as an economic source. For example, in New Zealand five days hunting with four nights of accommodation will cost more than \$5000 per hunter, and actually there are a lot of people who are interested in hunting and for it they can travel for hours and spend a lot of money.

All in all, we can put some rules to hunting but we cannot ban it at all.



CELEBRITIES

Celebrity profile: Kate Del Castillo

BY YAMILETH



Kate Del Castillo is a famous Mexican actress (born 23rd October 1973). She became known for her role in soap opera Muchachitas (little girls) in 1991. In 2011, she was recognised in the United States for being the protagonist in La Reina del Sur (Queen of the South). However, the actress has worked in many American TV and series. Also, she is the daughter of Eric del Castillo, a legend of Mexican cinema. However, she has a sister, Veronica del Castillo who is a tv presenter.

She has two marriages, the first in 2001, with the Mexican footballer player and a tv presenter, Luis Garcia. In 2009 she got married with Aaron Diaz, an actor and businessman. In 2009 the actress was recognised by the ambassador of a campaign of Human Rights in order to fight human trafficking. Beyond this, in 2012 she wrote a public letter, on Twitter, where she said that she believed the Mexican drug lord ‘El Chapo’ more than the government.

In 2015 she started an association with Vivanco family that is a new brand of tequila named, ‘Tequila Honor del Castillo’.

SPORTS

“Noooooo!” Said the Real Madrid fans

BY ABDULLAH ALSHAMRANI

“Siiii!!”

Most of you when you hear this word will recognise Cristiano Ronaldo, especially the fans of Real Madrid. Cristiano is one of the best players in history and losing him was a shock! So, what about Real Madrid’ fans who’re used to hearing this word “Siii” in every match? Either in the Bernabeo or away from Madrid.

Cristiano is one of Madrid’s players whose coach, and President can depend on to lead the team to the Championships. And this really happened! Real Madrid won the Champions league three times in a row! In addition, Ronaldo was the highest scorer in all three seasons!

After all these great memories, Ronaldo left Real Madrid and justified that by saying, “it is the time for leaving and I hope you understand my decision, Real Madrid is a great team that requires the highest level from the players and I am not that strong and young a player anymore.”

The last thing which disappointed him and broke him down, was he felt that he was an unwanted player inside the club, especially from the President “Florentino Perez” who no longer considers him the same way that he did in the beginning.

In conclusion, the biggest loser is Real Madrid’s fans who will miss hearing the word “Siii” after every goal from “CR7”.

Cristiano Ronaldo’s league career statistics:

Year	Team	Apps	Goals
2002-2003	Sporting CP	25	3
2003-2009	Manchester United	196	84
2009-2018	Real Madrid	292	311
2018 -	Juventus	53	42

